

HungerCount 2008



A snapshot of hunger in Waterloo Region

HungerCount is an annual survey coordinated by Food Banks Canada that provides a snapshot of food bank use in Canada. The following data represents the snapshot for Waterloo Region. Data is collected from programs providing emergency food services (food hampers, community meals, shelter & residential programs) throughout Waterloo Region and represents program usage from January – December 2007.

Primary Source of Income	Percentage of Hamper Recipients
Employment	21.3%
Employment Insurance	4.1%
Ontario Works	33.7%
Pension	3.5%
Ontario Disability Support Program	15.6%
Other Income	4.5%
No Income/Unknown	17.3%
Household Composition	Percentage of Hamper Recipients
Single parent families	25.7%
Two parent families	30.0%
Childless couples	6.7%
Single people	37.6%
Age	Percentage of Hamper Recipients
Children	45.30%
Adults	54.70%
Average number of people receiving a hamper each month	11560
Average number of households receiving a hamper each month	4286
Total Number of Different People	25000
Total Hampers Distributed	59416
Total Meals Served	380841